Pine Brook Press

A quarterly journal for, about, and by Pine Brook Hills residents | SUMMER 2020



HOA MEETING: JULY 28

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2020 COMMUNITY CALENDAR

HOA MEMBERSHIP MEETING - July 28

6:00 PM Potluck Dinner

7:00 PM HOA Business Meeting

Deryn Davidson, Colorado State University Extension, will present on fire resistant plants, trees, and shrubs and on managing the critters that are attracted to those plantings.

(Please watch forum postings in case meeting is rescheduled due to social distancing guidelines)

Meetings are held at the J.Kirk Hendricks Community Center/Fire Station (1905 Linden Drive) unless otherwise noted. All residents are welcome to attend.

HOA BOARD MEETINGS – Meetings begin at 7:00 PM. Upcoming 2020 meetings: July 21 and October 20

HOA 2020 MEMBERSHIP MEETINGS - July 28, October 27

BOULDER MOUNTAIN FIRE PROTECTION DISTRICT BOARD – Meets the second Monday of every month at 4:00 PM. Call 303-440-0235 for specifics.

PINE BROOK WATER BOARD – Meets the third Thursday of every month at 4:30 PM. Call the Water Office at 303-443-5394 for specific dates.

BMFPD AUXILIARY – Meets quarterly on Sundays. Next meeting August 23, 2:45 PM. Email president@bouldermountainfireauxiliary.org for more information.

ARCHITECTURAL REVIEW COMMITTEE – Meets the second Tuesday of every month at 7:00 PM.

ICE CREAM SOCIAL – Sunday August 30, 3:00 – 5:00 PM. Join your neighbors for live music by Tim Triggs and the Foggy Tops Bluegrass Band, endless ice cream, and fun surprises for the whole family.

J. KIRK HENDRICKS COMMUNITY CENTER USE



Our Pine Brook Hills Community Center is a busy place sitting adjacent to our water reservoir and our main water filter plant. It houses both our Pine Brook Water Department and boulder Mountain Fire Protection District administrative offices. It's one of three fire stations in the district. It's used for board meetings by fire and water, training for fire staff, and community meeting and activities, making it a great resource for our community.

If you would like to reserve the meeting room for a community activity (must be sponsored by the Fire Department, Water Department, or HOA), you can check availability at https://pinebrookhills.org/cccalendar.html. To add your event to the calendar and reserve the use of the meeting room, email communitycenter@pinebrookhills.org.

BMFPD has first option for use on Mondays, Wednesdays, and Saturday mornings, the HOA on Tuesdays, and the Water Department on Thursdays. Reservations on one of those days require approval by the respective department.



PRESIDENT'S PATTER

By Sylvia Andrejczuk

Happy Summer Everyone!

As inconvenient and disruptive as COVID-19 has been on so many levels, I enjoy the frequent walks and bike rides our family takes around the neighborhood. We have met more people in the last three months than we have in the last six years! We certainly are lucky to live where we do.

I am impressed with how our neighborhood has come together, largely through the Neighbors Helping Neighbors initiative. Volunteers have been checking in on those who are immune compromised, living alone, or in need of help sourcing groceries or medications. As help is provided, people are connecting and forming relationships and friendships that will outlast the pandemic.

We are enjoying the colorful explosion of growth from the recent rains. As the rains end, all the beautiful new growth will dry out and become fuel for fires. As always, mitigation is the best solution to manage that growth. The majority of our HOA dues goes towards fire mitigation: creating fire breaks, chipping, and weed-whacking the road rightof-ways. Please pay your dues if you have not already (https://www. pinebrookhills.org/dues.html). We are grateful to Wildfire Mitigation Superintendent Mike Palamara and the rest of his crew for their efforts to keep our community safe. Please consider hiring them for mitigation work on your property.

At this time of year, vehicles parked in grass are a big concern. The catalytic converter, which lies underneath the vehicle and can reach temperatures of 1,400 degrees, and the entire vehicle exhaust system, which can get really hot (especially in older cars and trucks), are both potential fire starters. Don't let your guests or workers pull off and park in the grass on your property or on the side of the roads in PBH. Keep grasses cut on your property and the right-of-way along the road. These simple steps will allow you to avoid accidentally starting the next Boulder County wildfire.

Please take a look

at your address on the back cover of this issue. If you have any corrections, please send them to pressepinebrook hills.org-

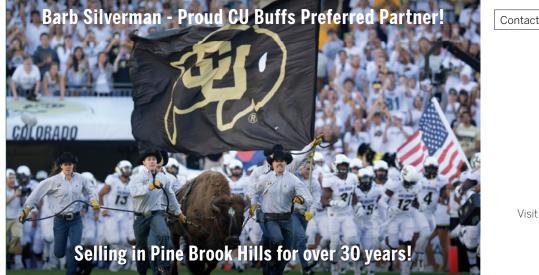
We hope you can put two events in your calendars this summer in the event we are able to meet in large groups:

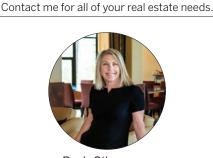
- The next PBH HOA meeting is scheduled for Tuesday, July 28, with a potluck dinner at 6:00 PM and the general meeting beginning at 7:00 PM. Deryn Davidson from Colorado State University Extension will present on fire resistant plants, trees, and shrubs and managing the critters that are attracted to those plantings.
- The annual Ice Cream Social is planned for Sunday, August 30 from 3:00 - 5:00 PM with fun for all members of the family. Music to be provided by resident Tim Triggs and the Foggy Tops Bluegrass Band.

Summer is home improvement time, and we continue to see a ton of projects. Please make sure to go through the Architectural Review Committee if your project is exterior in nature (sheds, decks, windows, siding etc.); and check Boulder County's guidelines for permitting.

You will be seeing the newest edition of our PBH Directory in your mailboxes soon. A huge THANK YOU to the volunteer work of Catherine Von Hatten and Param Singh, who did the design and photo updates, Gail Loveman and Mark Cronshaw who did the proofreading, Bob Olliver who revised and updated the PBH street map and Rob Quinn who oversaw the coordination of it all. We are lucky to have so many talented volunteer-neighbors.

Stay healthy and sane!





Barb Silverman 303.886.5329 barbsilverman@gmail.com Visit me online at barbsilverman.com



IMPORTANT DATES

July 16, 2020	Board Meeting @ 4:30 PM (location TBD check the website)
August 20, 2020	Board Meeting @ 4:30pm (location TBD check the website)

COVID-19 UPDATE

Pine Brook Water backs state and federal health officials' stance on handwashing and safety measures. What does this mean for our water supply and treatment chemicals?

We routinely keep a close eye on water usage as it changes daily and seasonally. So far, no changes in water use due to increased handwashing, stay-at-home-guidelines, or other changes have been noticed; but we will continue to monitor usage and make adjustments as needed to ensure a reliable water supply for the community.

We have a supply of treatment chemicals on hand to last for over 8 weeks at the current water usage. We have been in touch with our chemical suppliers, and they don't foresee any supply issues on their side.

We will continue to monitor the situation moving forward. Should the situation change drastically, there are measures we can implement to stretch our treatment chemicals further. This could include water restrictions, such as banning outdoor use. However, these precautions are not necessary at this time.

Pine Brook Water knows the response to COVID-19 could lead to economic hardship for some households. As always, customers who are concerned about being able to pay their bill should contact the office at 303-443-5394 to evaluate options and payment plans.

2020 ELECTION RESULTS

Congratulations to Joyce Colson, Richard Waters, and Signe Hawley on their reelection to the Water Board. A total of 838 ballots were issued to voters, with 306 ballots returned. For more information about the election, you can visit bit.ly/ PBW2020election. Thank you to all that voted. Ballot results: Three-year term: Joyce Colson - 154 votes, Richard Waters -137 votes, Sarah Wahlert - 100 votes, and Kevin Smith - 94 votes. Two-year term (uncontested): Signe Hawley - 206 votes.

NEW SERVICE LINE AT J. KIRK HENDRICKS COMMUNITY CENTER

In early 2020 a leak was discovered on the water service line serving the J. Kirk Hendricks Community Center. Upwards of 30,000 gallons (approximately 0.7 gallons per minute) of water was going unaccounted for each month. Pine Brook Water staff used leak detection equipment and determined the probable point of the leak was in an area surrounded by gas lines, a power pole, and other utilities. The decision was made to abandon the existing approximately 500 foot service line and replace it with a new line. The route for the new line is directly from the filter plant, across the top of the reservoir spillway, and into the back of the Community Center – a distance of about 130 feet (shown below). The new line was placed in two foot conduit and a second conduit was installed to carry communication wires from the filter plant to our offices. Everything was backfilled and reseeded just in time for the spring growing season.



SOLARBEE® MIXER REHABILITATION

The SolarBee is shown below utilizing solar power and its highly efficient motor and mixing drive systems. It pulls in water at the desired depth from all corners of the reservoir basin providing effective mixing to a predetermined depth.

In April 2020 the SolarBee mixer underwent a total rehabilitation. Technicians from the manufacturer removed the mixer from the reservoir and replaced the battery, control unit, and impeller. This mixer was installed in 2008 and keeps the water in the reservoir mixed to reduce algae growth.





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FOREST HEALTH: ERADICATING MYRTLE SPURGE

By Lindsay Hale, Forest Health Social Coordinator



This should be no fun at all. Digging and clawing on a steep rocky slope, squinting and sweating in goggles and gloves and thick denim clothes, swaddled against the noxious sap of *Euphorbia myrisinites*—surely there are more pleasant ways to spend a spring morning?

And yet, something draws me to these slopes to root out myrtle spurge. Of course, spurge is an invasive species, and an especially pernicious one at that. Its sap is terribly irritating to skin, poisonous if ingested, and can cause serious damage if it gets in the eyes. It is a threat to pets, people, and wildlife. It competes with our native plants, actually producing chemicals that interfere with the reproduction and growth of other species. Getting rid of it is a very good thing.

But there is more that draws me. Though the goal is to kill the plant, I can't help but admire it. It is pretty, its ropy stems lushly covered with triangular leaves and topped with tight little yellow blossoms. It digs its thick, woody roots through the rockiest ground; while above the ground, it presents an explosion of vigorous growth. A single plant produces countless seeds, which it can project for several yards. It is tenacious, vibrant, a worthy adversary. My admiration does not diminish my satisfaction in getting it out of the ground; it deepens it.

Digging is solitary, but we do it socially with proper social distance of course. Working in teams of three or four volunteers, digging several patches of spurge, more than safe distance is maintained, but there is a closeness, the camaraderie of shared work, shared purpose and accomplishment, something cheerful and friendly in these strange times of social distance and isolation.

Spurging is over for the year, and I already miss it. The plants are setting seed, and the ground is getting dry, making digging much more difficult; and of course this is no job for hot weather.

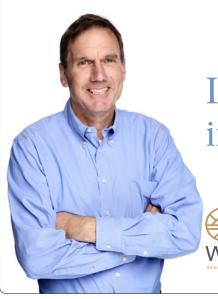


This season, ten or so regular volunteers gathered sixty contractor bags full of spurge—about enough to fill my pickup truck four times. That equals uncountable thousands of seeds that will not go in the ground; it equals many, many small but significant chunks of habitat made available again to the native plants that sustain our forest.

We accomplished a lot, but we need to do more. We hope more of our neighbors will join in next year (we'll start in late February). If you're interested, we'll train and equip you to do this safely, and effectively. (The training is critical—don't do this without it.) You can do as much, or as little as you like. You'll get plenty of fresh air, good exercise, and make new friends. And you'll do some real good in our little neck of the world.

You can contact us at forest.health.bb@gmail.com

More information about Myrtle Spurge may be found on the PBH website at https://www.pinebrookhills.org/ForestHealth/index.html



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GET INVOLVED AND MEET YOUR NEIGHBORS!

Consider contacting one of the HOA Board Members or Committee Chairpersons listed below to get involved in neighborhood projects and initiatives.

Enhancement Team: Help keep the efforts going with a focus on lighting the Community Center parking area and refurbishing the area around our PBH entry sign. Let Mike Von Hatten know of your interest. mvhconsultant@earthlink.net

Forest Health/Beetle Busters: Take care of the forest and neighborhood wildlife by joining the work of this team. See page 6 for details on efforts to remove Myrtle Spurge from PBH. Contact Jim Adams at forest.health.bb@gmail.com to get involved.

Social Committee: Take a few minutes to let Emelie Griffith emeliesgriffith@gmail.com know that you would like to help with the Ice Cream Social or Party in the Pines.

Aging in Place: Help PBH build on the neighborly support provided during the COVID-19 pandemic. The HOA is looking for a leader to build a support system to help residents stay in their homes as they age. Contact Sylvia Andrejczuk (president@ pinebrookhills.org).

For those interested in getting involved in the Fire Department, there are a variety of ways to contribute.

Firefighters, Medics, and Scene Support: Contact Chief Benson if you'd like to find out more or get involved. chief@ bouldermountainfire.org

Auxiliary: Provide behind the scenes support for community education, provisioning, recognition, and fundraising. Contact Catherine Von Hatten for more information or to get involved. president@bouldermountainfireauxiliary.org



KUDOS TO OUR NEW(ER) HOA VOLUNTEERS

The HOA is pleased to have several residents taking on HOA Board and Committee Chairperson positions. Please help us welcome and thank the following volunteers.

Heather Fenity is the Newcomer Welcome Coordinator. She moved to Pine Brook Hills in October 2008. She and her husband Dave have an eight year old daughter Reese. They have survived evacuations for fire and the flood since moving in and wouldn't want to be anywhere else. Heather feels the connection and support running through this community are two of the many reasons living up here is so amazing. She thoroughly enjoys meeting residents and community members and looks forward to answering newcomers' questions, as well as meeting new neighbors.

Rob Mohr is the new Co-chair for the Architectural Review Committee. Find out more about Rob on page 10.

Kevin Smith became the new HOA Board Vice President in January of this year. In that role he also serves on the ARC. Find out more about Kevin on page 10.



BMFPD AUXILIARY FOCUSES ON HOUSEHOLD SAFETY; CANCELS BOULDER MOUNTAIN HANDMADE

By Ann Blonston, Auxiliary Strategic Communication Chairperson

COMMUNITY SAFETY FAIR AND ONLINE STORE

The Community Safety Fair is a spring event that gives fire district residents an opportunity to update fire safety gear and test their fire-extinguishing skills. The event was scratched for 2020 and is scheduled to come back in 2021 with some new training opportunities focused on first aid.

The Community Safety Store remains open to residents, whose purchases will be delivered to their homes by Auxiliary volunteers. Newly added to the store, as part of its focus on general household safety, is a Bleeding Control Kit.

Auxiliary developed the Bleeding Control kit, under direction of Chief Benson and medical responders. The kit includes a tourniquet, compression bandages and other critical items. It's available in the Community Safety Store: https:// bouldermountainfireauxiliary.org/community-safety-store-1. The article by Allen Saville on page13 provides more information about future Stop the Bleed classes to be offered.

HOA SOCIAL ACTIVITIES UPDATE

By Emelie S. Griffith

The social committee looks forward to events when our community can be together again!

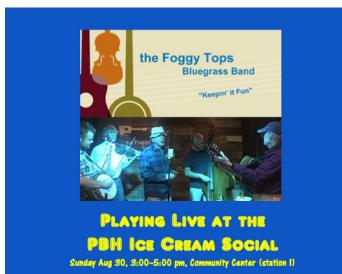
We hope you can join us for the ice cream social planned for Sunday, August 30 from 3:00 - 5:00 PM. Enjoy ice cream, fun and games for the whole family, and music by the Foggy Tops Bluegrass Band. Watch for emailed information to confirm the event as we get closer.

BOULDER MOUNTAIN HANDMADE, KEY AUXILIARY FUNDRAISER, CANCELLED FOR 2020

Boulder Mountain Handmade has been a community fixture for 45 years. In the interest of volunteer, vendor and customer safety, Auxiliary will skip the 2020 market originally scheduled for November. The event typically involves the volunteer time and talent of over 200 fire district residents. Because it is Auxiliary's primary and very successful fundraiser, Auxiliary welcomes donations this year in lieu of the baked goods or craft items residents would otherwise donate or purchase. Your donation in support of volunteer firefighting can be made here: https:// bouldermountainfireauxiliary.org/donate.

EDUCATION AND OUTREACH PROGRAMS IN THE WORKS

Following its successful spring wildlife education offering, Auxiliary is gearing up for 2021 with new programs on such topics as Aging in Place, Establishing a Pod, and Neighbors Helping Neighbors. The updated Auxiliary website posts information from past education events and Auxiliary's calendar: https://bouldermountainfireauxiliary.org.



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ARC Committee Members from left to right: Kevin Smith, Jim Eyster, Rob Gordon, Natasha Bodorff, Sylvia Andrejczuk, and Rob Mohr. Photo by Nancy Mohr

ARCHITECTURAL REVIEW COMMITTEE: A TIME OF TRANSITION

by Eric Erickson, Former ARC Co-Chair

With new members and changing leadership, the ARC continues to provide support to Pine Brook Hills residents with their construction projects. Over the last five years, over 100 Pine Brook households have requested 130 ARC reviews for a wide variety of exterior construction projects. Eight of these reviews were for brand new homes, three of which are still underway. The remaining 122 reviews represented a large number of new decks or renovations, small to large additions, several accessory structures, fences, residing, and exterior repainting.

During that period, I served as Chairman and then Co-Chair of ARC. On behalf of the committee, I want to thank those who have requested these reviews for your exemplary support and compliance with our unified Covenants. It has been a sincere pleasure to meet and work with so many of you in person and many more via email during our online, Fast Track reviews.

As the ARC transitions to new leadership, I want to thank the team members. Working with my Co-Chair, Natasha Bodorff, and the other members of the ARC, both current and past, has been especially rewarding and a reminder of the extraordinary volunteers who populate our community.

I would like to take this opportunity to introduce the current ARC Committee members beginning with the two Co-Chairs.

Rob Mohr has assumed my responsibilities as ARC Co-Chair and will work with Natasha to lead the Committee. Rob has been a member of the ARC for two and a half years. Rob and his wife Nancy feel very fortunate to have retired and moved from St. Louis to Pine Brook Hills in late 2014. Not only do they love the beauty and peace of Pine Brook Hills, they value the sense of community. After earning a degree in Telecommunications from Indiana University, Rob worked in the hardware distribution business and then in commercial real estate sales and investments. Rob is a devotee of film preservation, rescuing many old films from obscurity. Like many Pine Brookers, he enjoys running, cycling and hiking. Even though he has completed five marathons, he doesn't enjoy running up and down Linden. Rob also "plays around" on the mandolin.

Natasha Bodorff has been a member of the ARC for 3 years and a Co-Chair for the last two. She earned her Bachelor of Science in Biology, working in the field of marine biology. She moved to Europe to support her husband Steffen in finishing his university studies. After starting a family and returning to the States, she established a career in interior design and now consults regularly on residential remodeling projects. Natasha, her husband, and two children moved to Pine Brook Hills five years ago and feel very fortunate to have found such a beautiful and nature-filled place to call home.

Sylvia Andrejczuk has served on the ARC for the last three years. With a master's degree in business administration, she works both as a realtor and a mother of two. She and her husband Ben moved to Pine Brook Hills six years ago. She joined the HOA Board as Vice-President in 2018 and became President of the HOA in January of this year.

Jim Eyster has been a member of the ARC for the last seven years. With a doctoral degree in systems engineering, Jim initially taught at Ohio State University and Virginia Tech in the Colleges of Engineering. He then moved from academia to the world of high-tech industry where he became a senior executive with several large corporations. He and his wife Kathy moved to Boulder in 1998 where they became actively involved as volunteers in Pine Brook Hills. Jim has served as President of the HOA, a volunteer fire fighter, and Treasurer of the Boulder Mountain Fire Protection District Board of Directors.

Rob Gordon has been a member of the ARC since 2011. He has a degree in biomedical engineering from Tulane University. After graduation he immediately pivoted to a career in the business of music. He is the founder of several companies, including What Are Records, United Interests, and Peak Touring. Rob has lived in Pine Brook Hills since 1997.

Kevin Smith joined the PBH HOA in January of this year as Vice President and Liaison to the Architectural Review

Committee. He moved to Pine Brook Hills in 2016 from Maryland where he worked as an engineering executive at a hightech company building telecommunication test equipment. He is an avid outdoors person who enjoys hiking, camping, bicycling, birding, and wildlife photography.

As Eric steps off ARC, his colleagues had lots of things to say about his work...

Eric's calm, kind, and assuring personality bring the best out of everyone. I greatly admire Eric's natural ability to uplift and inspire. He has certainly inspired me.

-Rob Gordon, ARC Member

I met Eric for the first time when interviewing to become a member of ARC. As he spoke about his appreciation of architecture and about the PBH community of which he has been an active member of various community groups over the years, it was clear to me that this was a man who brought much integrity to his work. I have learned so much working with him and very much appreciate his intelligence, attention to detail, sense of humor, and a diplomatic approach to the sometimes complicated ARC business. A huge thank you to Eric for all his hard work and to Toni for supporting him through many years of service to PBH.

-Natasha Bodorff, ARC Co-chair

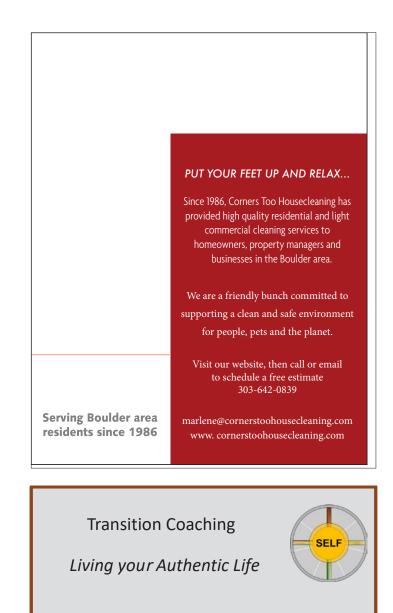
Eric Erickson is a class act. I have admired the way he is always fair and understanding to all parties who have come before the ARC. He has the gift of diplomacy which is so needed on this committee.

-Rob Mohr, ARC Co-chair

I had the pleasure of working with Eric on ARC matters. What struck me the most was that Eric was dealing with homeowners about one of the more important things in their life: their home. Eric was firm in protecting the architectural interests of PBH; yet he was invariably gracious, helpful, and sympathetic to homeowners, as you can see from a few snippets below that I found from Eric's ARC emails to homeowners:

- After our initial meeting, I was impressed with what your life and work perspective could bring to PBH.
- After meeting you, I was quite impressed with what your experience, knowledge, and insight from an international perspective could bring to our community.
- The book that I suggested you would enjoy, given your high interest in meteors and science, is <u>The Ice Limit</u> by Douglas Preston and Lincoln Child. My wife Toni and I listened to an audio version of the book during our recent trip out West. It is very well written, highly adventurous, scientifically intriguing, and dramatically appealing.
- We wish you the best for continuing cooperative weather and a reasonably short term, but satisfactory completion of the re-siding.
- Eric always struck the right note. The HOA has been very lucky to have his presence over the years.

-Rob Quinn, former HOA President



Roger is a personal coach who guides his clients to be present and find meaning while working through the opportunities and stress of career or retirement transitions.



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MITIGATION IN THE AGE OF COVID-19

By Carolyn Rindels, BMFPD Mitigation Team



Boulder Mountain Fire Protection District staff are aware that the best way to prevent the spread of COVID-19 is to take precautions. Since the outbreak, BMFPD Emergency Response Team, also known as the "Mit Crew" enacted an action plan for the 2020 season to keep both the crews and the community safer when providing mitigation services to fire district residents.

Mitigation Superintendent Mike Palamara divided the team into three separate squads to limit interaction among the ERT members. Each Squad Boss keeps their same crew during the duration of the season to limit any unnecessary contact. The ERT team takes the virus very seriously by taking daily temperatures, maintaining social distances, and limiting exposure between squads. Each squad has its own vehicles and equipment for the entire season - all disinfected on a daily basis. The team set up tents in the parking lot at Station 1 with a separate tent for each squad to house their supplies and equipment, including separate restrooms and sanitation facilities.

The office staff has amended their procedures, as well. They are practicing social distancing from the crew and are using electronic means to transmit job sheets and other necessary paperwork for each job scope. Contracts are now scanned to customers by email with a request to return the contract by email, limiting exposure between customers and administrative staff. As always, invoicing is sent to the customer electronically. New this season, customers can make payments electronically by credit card.

These adjustments have allowed the ERT/Mit Crew to continue to provide mitigation services to homeowners through this health crisis. The team will continue to monitor the situation daily, making changes as needed in the days, weeks and months to come.



HELPING HANDS: NEIGHBORS HELPING NEIGHBORS DURING THE PANDEMIC

As Pine Brook Hills followed stay-at-home orders during the past few months, many of our residents with compromised health found themselves in need of assistance. A cadre of volunteers stepped forward to pick up groceries and medicines, call isolated residents to check on them, and take care of a variety of other needs. This work resulted in on-going connections that will outlast the pandemic for many neighbors.

The Helping Hands team is still around and still willing to help. If you, or someone you know need assistance, contact Param Singh (param645@yahoo.com or 303-417-0373).

WE THANK THE FOLLOWING RESIDENTS FOR VOLUNTEERING TO HELP THEIR NEIGHBORS:

Sylvia Andrejczuk Michelle Bishop Jocelyn Brown-Saracino Kyle Ebner Harriet Edelstein Stacey Elder Toni Erickson Patrick Gilman Kenny Goldman Emelie Griffith Stephanie Hanford

Jason Harubin Knute Holum Katie King Marcia Kohler Will Kohler Lauren Lausten Cathy Letts Bob Loveman AB McCormack Lilya Mitelman Mike Mullins Tom Noyes Jeff Patrician Ashton Phillips Robin Seidner Param Singh Malaine Snow Catherine Von Hatten Taber Ward Leslie Westfall Scott Westfall Fred Wolf Sara Zervos



Frances Herbert Wiedemann November 7, 1928 to April 10, 2020

Herb Wiedemann was born in Glendale, California and spent his childhood in Ohio, Tennessee, Kentucky and Pennsylvania. He was the only child of Herbert William Wiedemann and Evangeline McNulty Wiedemann. He graduated from University High School in Columbus, OH. Being 6'6," he excelled on the basketball team. He graduated from Ohio State University. He fought in the Korean War and was released the day the war ended. He then attended University of Colorado, Boulder. To recover from his experiences in the war, he worked in the Wyoming Oil Fields. He came back to Colorado, where his mother lived, and worked for State Finance in Denver where he met his future wife, Josephine Ann Dernik. They married July 19, 1958 and were together over 61 years. They were blessed with two wonderful children, Cynthia Ann Wiedemann and Mark Herbert Wiedemann and one beloved grandchild Aniya, who are all Pine Brook residents. His longest career was in Human Relations as Manager with Dow Chemical, where he had job transfers to Miami, FL, Midland, MI, Hong Kong, and Cincinnati, OH. He retired after 28 years to Boulder. He enjoyed woodworking and built a few houses with his son Mark. He enjoyed designing his own homes and adorned them with his wood working projects. At 91 he passed away peacefully, at home, with his wife at his side and family near. He will be dearly missed by family and friends.

CPR AND STOP-THE-BLEED INITIATIVE

By Allen Saville, BMFPD Firefighter and Emergency Medical Technician

Are you one of those people who likes to "be prepared?" Do you know how to help, if a person were to have a heart attack, or what to do to stop life-threatening bleeding?

Providing effective hands-only Cardio-Pulmonary Resuscitation within the first minutes after someone has a cardiac arrest can improve their outcome by 200% even 300%.

If a person were to have life-threatening bleeding they can bleed out and die in less than four minutes (usually you have more time than this). Knowing what to do, and how to do it quickly, can save a life.

The skills to be helpful and save lives in these situations are straightforward, not difficult to learn, and can be taught by people in PBH. Earlier this year a group of 17 Boulder Mountain Fire District residents completed the "train-the-trainer" course for hands-only CPR and Stop-the-Bleed. Some were firefighters and EMTs, but most were not – just residents who want to be prepared. This group of people stands ready to provide additional training sessions to equip more residents with these critical skills.



PHB residents (and others) receiving training in "how to teach" Stop-the-Bleed

The hands-only CPR training takes about 20 minutes. The Stopthe-Bleed training takes about an hour. Our PBH trainers are available to do sessions on one or the other, or both as soon as we are able to gather in groups.

If the need were to arise, you don't need any special equipment to do CPR – it is all about knowing how to push on the chest effectively. To be able to control life-threatening bleeding, you do need some simple equipment, like a tourniquet, gauze, and pressure bandage. Having these things and knowing how to use them properly is the key. The Auxiliary has now added a Bleeding Control Kit to the items that they have available for purchase in their on-line safety store.

Our group of trainers has already conducted one training session on hands-only CPR. The session was held in a private residence right before a gathering of neighbors for a music event (Pre-COVID-19, of course).



PHB residents (and others) receiving training in "how to teach" CPR

All of the feedback we received indicated that the training got almost everyone who participated to a point where they felt that they would "definitely" administer hands-only CPR in an emergency.

We are planning to schedule a number of hands-only CPR training sessions once we are able to safely gather in groups. Since these sessions take only 20 minutes or so, we may also do one at already scheduled meetings, such as an HOA meeting. We will include sessions at the BMF Fire Safety Fair in 2021. When we get these scheduled, we will be using the neighborhood email groups, etc. to let you know how to signup.

If you would like to work with us to schedule CPR, Stop-the-Bleed or both types of training for a group of people, please contact Scott Schiff (Mobile: 719-250-5892; email: sschiff74@ gmail.com).



People practicing effective chest compression in a hands-only CPR session; instructors (in plaid shirts or BMF uniform) coaching on correct technique

LIVING PEACEFULLY WITH OUR WILDLIFE

This spring and early summer has provided many wildlife sightings in Pine Brook. From foxes, bears, and birds to baby squirrels and fox cubs, residents are photographing and reporting an abundance of animals. Sharing our habitat with wildlife is not always easy. We have to think more about how we handle trash or feed the birds. Enjoy these photos from your neighbors and consider taking some of their advice about living peacefully with our wildlife. Wildlife is just that...wild, and it's up to us to respect that





Cinnamon Colored Black Bear Yearling. Photo by Sandra Visser

Most people know all this; but in case you're new to the area, it's bear season – just expect that they'll be around. Keep garage doors shut and doors, windows, and sliders shut and locked. If you need to keep windows open, consider building a "Bear Unwelcome Mat." Install them under "bear-accessible" windows (directions here: https://youtu. be/FLZpRYk4Z8Y). If a bear can reach a window sill, it can pull itself up and into that window. Having the unwelcome mat underneath makes it difficult to do that.

-Marla Saville



Cinnamon Colored Black Bear Yearling. Photo by Mark Johnson

bear proof garbage can - they suggested bearacuda.com. These cans are NOT cheap, but it may be worth the one-time investment so no one needs to stash things back into their can after our cute bear has rummaged through for his Wednesday feast.

One Way Trash recommends investing in a

- Sandra Visser

LOCK your car doors if they're not parked in a garage. Bears can smell crumbs from an energy bar that you ate in your car 4 months ago, and they're very capable of opening car doors and tearing things apart!

-Marla Saville

We always freeze anything food related and store it in the freezer until trash pickup day. It's worked so far. More guidance from Colorado Parks and Wildlife here: https://cpw.state.co.us/Documents/Education/LivingWithWildlife/ BearproofingTrash.pdf

-Barbara Dobbs



Cinnamon Colored Black Bear Yearling. Photo by Deb Parks



Baby Fox. Photo by Nancy Mohr



Black Bear Yearling. Photo by Allen Saville



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COLORADO PARKS AND WILDLIFE TELLS US

DO

DON'T

- SECURE YOUR GARBAGE AT ALL
 TIMES.
- KEEP YOUR DOORS AND WINDOWS IN YOUR HOUSE AND CARS LOCKED.
- SUPERVISE YOUR CHILDREN AND
 PETS OUTSIDE.
- MAKE NOISE WHEN YOU HIKE
 AND WALK TO AVOID SURPRISING
 WILDLIFE.

- FEED WILD ANIMALS.
- STORE PET FOOD OUTSIDE.
- MOVE A BABY ANIMAL. MOST LIKELY THE PARENT IS FORAGING FOR FOOD AND WILL RETURN.
- APPROACH A LION KILL OR FEEDING LION.
- USE MOUSE OR RAT POISON. IT'S POTENTIALLY HARMFUL TO OTHER WILD ANIMALS, PETS, CHILDREN, AND THE ENVIRONMENT.



Baby Black Fox. Photo by Rikki Wolpowitz



Cassins. Photo by Kevin Smith



Baby Squirrels. Photo by Mike Phifer

THE ART OF PBH: SHAUN MINNÉ

by Caren Paul, PBH Contributing Author and Artist



Shaun Minné in her studio

The ancient process of encaustic involves a "burning in" technique that layers imagery, pigment, hot beeswax, resins, and other materials to create artwork that can last for generations. First developed over 2000 years ago, this technique, using the power of nature to transform and fuse layers of material, personifies both the art and outlook of Shaun Minné.

Always a creator, trained as an industrial designer and in interior design with a master's degree in art education, Shaun is intrigued by all things creative. She layers her career in architecture and design with her work as an encaustic artist and designer of jewelry, clothing, furniture, typography, picture frames, and more.

Shaun is originally from Michigan, where she embraced the contrast of Detroit's metro grit with the pristine wildness of the northern part of the state. Contrast and dichotomy run as a theme through all of her work. She seeks to find the "balance of refinement and natural rawness" in all things. Light and dark, strength and fragility, evolution and decay - you can feel these elements at play in her artwork. Shaun favors an earthy palette in her creation of "intuitive abstracts," often layered with images, fabric, paper and calligraphy. She has also begun welding her own metal frames, using various techniques to create gorgeous patinas. With her molten encaustic, mixed media technique, everything truly is fused together and comes to life with fire.

Her current Animal Series invites the viewer to appreciate the beauty and connection we have with these creatures, while also understanding their strength and wild side – the terror they can bestow. The Snow Series celebrates Shaun's love of skiing and winter weather, capturing some moments on the edge – and perfectly illustrating the balance between precision and wild abandonment that she favors.

On my visit to her beautiful and eclectic studio at 49th and Old Pearl, I was struck by her design aesthetic – clean and contemporary, while still warm and inviting. Neutral earth tones with surprise splashes of color and interest. Common threads between her fine art and interior design.

Shaun met her husband Martin Rybczynski in a tango class in Denver. They moved to Pine Brook Hills 12 years ago. After a year-long search, they finally found the mountain home of their dreams with a key element – the flat, south-facing driveway! Her favorite things about living here...the views, of course, and living secluded, but not remote.

When we are not in a pandemic scenario, Shaun teaches workshops in encaustic art and regularly opens her studio for other artists to explore the use of this technique on their own. You can learn more about her work at www.shaunminne.com or at www.openstudios.org.

Shaun is the founder of DesignHouse, specializing for 25 years in a holistic approach to residential and commercial design, blending architecture and interiors into a seamless whole. www.designhousecompany.com.







PBH WELCOMES NEW RESIDENTS



Burke Miller and Sandra Visser fell in love with Pine Brook Hills when they rented a home on Pine Brook Road in May 2018. With beautiful views and deer, foxes, hummingbirds, bunnies, and the occasional bear as roaming neighbors, living in PBH was a dream come true! So much so that earlier this year they decided to root down in a PBH home of their own. Burke and Sandra both work from home as executive coaches and leadership development consultants. They relish the great outdoors and feel incredibly blessed to live in such a beautiful place! They love hiking, skiing, traveling, and hosting friends in their new home. Burke is a native Coloradan, although he spent most of his childhood growing up in Rochester, NY. He moved to Boulder about 30 years ago and has been living in many places in the area. About 10 years ago he met Sandra and it was love at first sight - they got married within 9 months. Sandra grew up in Holland and Germany, spending 23 years living and working in London before the call of the snowy mountains of Boulder, Colorado became too strong to ignore. She has loved living here ever since.

> Thanks to Heather Fenity, HOA Newcomer Welcome Coordinator, for collaborating on this column. If you are new to PBH, or know someone who is, contact her for more information about the neighborhood and details about participation in the column in a future issue: newcomer@pinebrookhills.org.



Patricia, Roman, and Rylie Hought

FAMILIAR FACES: PATRICIA HOUGHT

By Penny Triggs, PBP Contributing Author

"The first time I put my hands into cool wet clay, something woke up in me...it felt like home."These words were expressed by Patricia Hought, a neighbor whose sculpted clay pieces peek out from various nooks in the home she shares with husband Roman and her beloved young pup Rylee. "We moved to Pine Brook, built a log home in the forest, and eased into living in nature."

With Covid-19 restrictions to shelter in place, we spoke over the phone about how clay sculpting has affected her. Happenstance brought this artwork modality into her life. "Moving my hands around the clay, I really feel like creating. Ideas start exploding in my brain; the hands-on changes my thought process, feeds my soul."

Patricia's clay pieces have a touch of whimsy. I want to pick them up, hold them. They have me smiling. She says that sculpting leaves, making leaf bowls, giving them as gifts is like offering a part of herself. "Leaves are like fingerprints. All their veins are different. I could work on them for long periods of time; everything else falls away."

Living here now and wanting life to be simpler, like watching flowers grow, loving our bird and wildlife companions, fuels Patricia's pleasure. "I'm as happy as I've ever been and feel grateful every day for the life I have with Roman, Rylee, family, and friends. This place is magic! Living in nature has awakened my creativity in expanded ways."

Neighborhood feels meaningful now. "I might be out for a half hour run, get home an hour later, and find myself pausing to chat with neighbors out walking. The local interactions are fulfilling, satisfying, fun! We never made these connections living downtown where houses are closer together.

"Up here we have a sense of peace and space."











live where you imagine

Pine Brook Hills is my home and I'm passionate about this neighborhood. If you are considering selling or just curious about the current value of your property, please send me an email or give me a call today!



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Thunderbirds Fly Over Pine Brook Hills Spring 2020. Photo by Mike Phifer